



GROWING YEARS  
*psychology*

BETHANY CARTER

*psychologist*

Registration AHPRA: PSY0002552817  
[www.growingyearspsychology.au](http://www.growingyearspsychology.au)  
[hello.growingyears@outlook.com](mailto:hello.growingyears@outlook.com)  
North East Children's Clinic  
Medicare Provider No. 1691351K  
ABN: 40896461150

## GROWING YEARS PSYCHOLOGY SERVICES AND FEES OUTLINE

March 1 to June 30 2026

Please see below the list of current psychological services provided at Growing Years Psychology.

Therapeutic Services	Details	Fees
50 minute parent/carer session	Medicare letters to referring GP, Paediatrician or Psychiatrist are inclusive in cost  In clinic or telehealth	\$230  *Medicare rebate of \$98.95 (total out of pocket cost \$131.05)
50 minute child session	Medicare letters to referring GP, Paediatrician or Psychiatrist are inclusive in cost  In clinic	\$230  *Medicare rebate of \$98.95 (total out of pocket cost \$131.05)
Assessment Services	Details	Fees
Cognitive – Standard	Measure of General Intellectual Abilities in the areas of: <ul style="list-style-type: none"><li>• Verbal Comprehension - ability to listen to and understand words and spoken information</li><li>• Visual Spatial - ability to organise and analyse visual information</li><li>• Fluid Reasoning - ability to reason with visual information, form concepts and solve problems that often include novel information or procedures</li><li>• Working Memory - ability to take in information, hold it in your mind, organise or change it, and produce a response for visual and auditory information</li></ul>	\$1500



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	<ul style="list-style-type: none"> <li>Processing Speed - speed of taking in information and producing a response</li> </ul> <p>3x Sessions:</p> <ul style="list-style-type: none"> <li>Parent/caregiver background and developmental history session (In clinic or telehealth)</li> <li>Cognitive assessment (child only - in clinic)</li> <li>Feedback session (parent/caregiver - in clinic or telehealth)</li> </ul> <p>Includes: Comprehensive report</p>	
<p>Cognitive – Developmental Focus</p>	<p>Assessment of General Intellectual Abilities and measure of Adaptive Functioning (everyday functioning) in the areas of:</p> <ul style="list-style-type: none"> <li>Communication</li> <li>Daily Living Skills</li> <li>Socialisation</li> <li>Motor Skills</li> </ul> <p>Recommended assessment if you have concerns regarding your child's development or how your child manages everyday tasks independently.</p> <p>Diagnostic assessment for Intellectual Developmental Disability.</p> <p>3x Sessions:</p> <ul style="list-style-type: none"> <li>Parent/caregiver background and developmental history session (In clinic or telehealth)</li> <li>Cognitive assessment (child only - in clinic)</li> <li>Feedback session (parent/caregiver - in clinic or telehealth)</li> </ul>	<p>\$1600</p>



	Includes: Questionnaires and comprehensive report	
Psychology Functional Assessment	<p>Assessment explores cognitive, adaptive, behavioural and emotional functioning.</p> <p>3x Sessions:</p> <ul style="list-style-type: none"> <li>• Parent/caregiver background and developmental history session (In clinic or telehealth).</li> <li>• Cognitive assessment (child only - in clinic)</li> <li>• Feedback session (parent/caregiver - in clinic or telehealth)</li> </ul> <p>Includes: Comprehensive report and questionnaires</p>	<p>\$1950</p> <p>(3h face-to-face, 7h report writing and scoring, test materials)</p>
Literacy Learning Assessment	<p>Functional assessment of literacy skills.</p> <p>Evaluates your child's literacy skills in the areas of:</p> <ul style="list-style-type: none"> <li>• Reading</li> <li>• Spelling</li> <li>• Written Expression</li> <li>• Processing Speed</li> <li>• Phonological Processing</li> <li>• General Intellectual Ability</li> </ul> <p>Diagnostic assessment of Specific Learning Disorder with impairment in Reading (dyslexia) and Written Expression.</p> <p>4x Sessions:</p> <ul style="list-style-type: none"> <li>• Parent/caregiver background and developmental history session (In clinic or telehealth).</li> <li>• Cognitive assessment (child only - in clinic)</li> <li>• Academic testing (child only - in clinic)</li> </ul>	<p>\$3000</p> <p>(6h of face-to-face, 9h report writing and scoring, test materials)</p>



	<ul style="list-style-type: none"> <li>Feedback session (parent/caregiver - in clinic or telehealth)</li> </ul> <p>Includes: Comprehensive report, questionnaires and teacher interviews</p>	
Numeracy Learning Assessment	<p>Functional assessment of numeracy skills. Evaluates your child's numeracy skills in the areas of:</p> <ul style="list-style-type: none"> <li>Number sense/numeration</li> <li>Mathematical reasoning</li> <li>Mathematical fluency</li> <li>Numerical Operations</li> <li>Processing Speed</li> <li>General Intellectual Abilities</li> </ul> <p>Diagnostic assessment of Specified Learning Disorder with impairment in Mathematics (dyscalculia).</p> <p>4x Sessions:</p> <ul style="list-style-type: none"> <li>Parent/caregiver background and developmental history session (In clinic or telehealth).</li> <li>Cognitive assessment (child only - in clinic)</li> <li>Academic testing (child only - in clinic)</li> <li>Feedback session (parent/caregiver - in clinic or telehealth)</li> </ul> <p>Includes: Comprehensive report, questionnaires and teacher interviews</p>	<p>\$2750</p> <p>(5h face-to-face, 9h report writing and scoring, test materials)</p>
Literacy and Numeracy Assessment	<p>Functional assessment of literacy and numeracy skills. Evaluates your child's literacy and numeracy skills in the areas of:</p> <ul style="list-style-type: none"> <li>Reading</li> <li>Spelling</li> </ul>	<p>\$3800</p> <p>(7h face-to-face, 12h report writing and scoring, test materials)</p>



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	<ul style="list-style-type: none"> <li>• Written Expression</li> <li>• Processing Speed</li> <li>• Phonological Processing</li> <li>• Number sense/numeration</li> <li>• Mathematical reasoning</li> <li>• Mathematical fluency</li> <li>• Numerical Operations</li> <li>• General Intellectual Ability</li> </ul> <p>Diagnostic assessment of Specified Learning Disorder with impairment in Reading (dyslexia), Written Expression and Mathematics (dyscalculia).</p> <p>4-5x Sessions:</p> <ul style="list-style-type: none"> <li>• Parent/caregiver background and developmental history session (In clinic or telehealth).</li> <li>• Cognitive assessment (child only - in clinic)</li> <li>• Academic testing (child only - in clinic)</li> <li>• Feedback session (parent/caregiver - in clinic or telehealth)</li> </ul> <p>Includes: Comprehensive report, questionnaires and teacher interviews</p>	
<p>Comprehensive Psychoeducational Assessment</p>	<p>Comprehensive assessment of cognitive, academic, memory, adaptive, sensory, behavioural and emotional functioning.</p> <p>5-6x Sessions:</p> <ul style="list-style-type: none"> <li>• Parent/caregiver background and developmental history session (In clinic or telehealth)</li> <li>• Cognitive assessment (child only - in clinic)</li> <li>• Academic testing (child only - in clinic)</li> </ul>	<p>\$4450 (8h face-to-face, 14h report writing and scoring, test materials)</p>



	<ul style="list-style-type: none"> <li>• Memory testing (child only - in clinic)</li> <li>• Feedback session (parent/caregiver - in clinic or telehealth)</li> </ul> <p>Includes: Comprehensive report, questionnaires and teacher interviews</p>	
Giftedness Assessment	<p>A comprehensive evaluation of your child's cognitive strengths, learning patterns, and areas of advanced potential.</p> <p>3-4 sessions:</p> <ul style="list-style-type: none"> <li>• Parent/caregiver background and developmental history session (In clinic or telehealth).</li> <li>• Cognitive assessment (child only - in clinic)</li> <li>• Academic testing (child only - in clinic)</li> <li>• Feedback session (parent/caregiver - in clinic or telehealth)</li> </ul> <p>Includes: Comprehensive report and teacher interviews</p> <p>\$3250 (7h of face-to-face, 9h report writing and scoring, test materials)</p>	\$3250
ADHD - Standard	<p>Assessment explores attentional, behavioural, emotional and executive functions and symptoms. No cognitive assessment.</p> <p>Diagnostic assessment for Attention Deficit Hyperactivity Disorder (ADHD).</p> <p>3x Sessions:</p>	<p>\$2300 (3h face-to-face, 9h report writing and scoring, test materials)</p>



	<ul style="list-style-type: none"> <li>• Parent/caregiver background and developmental history session (In clinic or telehealth).</li> <li>• Child interview (child and parent/caregiver - in clinic)</li> <li>• Feedback session (parent/caregiver - in clinic or telehealth)</li> </ul> <p>Includes: Comprehensive report, questionnaires and teacher interviews</p>	
ADHD - Comprehensive	<p>Assessment explores attentional, behavioural, emotional and executive functions and symptoms. Includes cognitive assessment.</p> <p>Diagnostic assessment for Attention Deficit Hyperactivity Disorder (ADHD).</p> <p>4x Sessions:</p> <ul style="list-style-type: none"> <li>• Parent/caregiver background and developmental history session (In clinic or telehealth).</li> <li>• Child interview (child and parent/caregiver - in clinic)</li> <li>• Cognitive assessment (child only - in clinic)</li> <li>• Feedback session (parent/caregiver - in clinic or telehealth)</li> </ul> <p>Includes: Comprehensive report, questionnaires and teacher interviews</p>	<p>\$3350 (5h face-to-face, 12h report writing and scoring, test materials)</p>
Autism – Standard	<p>Sensory-based observational assessment of autism. Assessment additionally explores social communication, behavioural, emotional and adaptive functioning. Does not include cognitive</p>	<p>\$2750 (5h face-to-face, 9h report writing and</p>



	<p>assessment, sensory or executive functioning measure.</p> <p>Diagnostic assessment for Autism Spectrum Disorder and provides functional level.</p> <p>3x Sessions:</p> <ul style="list-style-type: none"> <li>• Parent/caregiver interview (In clinic or telehealth).</li> <li>• Autism assessment (child only - in clinic)</li> <li>• Feedback session (parent/caregiver - in clinic or telehealth)</li> </ul> <p>Includes: Comprehensive report, questionnaires and teacher interviews</p>	<p>scoring, test materials)</p>
<p>Autism – Comprehensive</p>	<p>Sensory-based observational assessment of autism. Assessment additionally explores social communication, behavioural, emotional and adaptive functioning. Includes cognitive assessment, sensory or executive functioning measure.</p> <p>Diagnostic assessment for Autism Spectrum Disorder and provides functional level.</p> <p>4x Sessions:</p> <ul style="list-style-type: none"> <li>• Parent/caregiver interview (In clinic or telehealth).</li> <li>• Cognitive assessment (child only - in clinic)</li> <li>• Autism assessment (child only - in clinic)</li> <li>• Feedback session (parent/caregiver - in clinic or telehealth)</li> </ul> <p>Includes: Comprehensive report, questionnaires and teacher interviews</p>	<p>\$3750 (7h face-to-face, 12h report writing and scoring, test materials)</p>



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<p>Autism &amp; ADHD – Standard</p>	<p>Sensory-based observational assessment of autism. Assessment additionally explores social communication, attentional, executive functions, behavioural, emotional and adaptive functioning. Does not include cognitive assessment or sensory measure.</p> <p>Diagnostic assessment for Autism Spectrum Disorder and provides functional level. Diagnostic assessment for Attention Deficit Hyperactivity Disorder (ADHD).</p> <p>4x Sessions:</p> <ul style="list-style-type: none"> <li>• Parent/caregiver interview (In clinic or telehealth).</li> <li>• ADHD Interview (child and parent/caregiver - in clinic)</li> <li>• Autism assessment (child only - in clinic)</li> <li>• Feedback session (parent/caregiver - in clinic or telehealth)</li> </ul> <p>Includes: Comprehensive report, questionnaires and teacher interviews</p>	<p>\$3550 (6h face-to-face, 12h report writing and scoring, test materials)</p>
<p>Autism &amp; ADHD – Comprehensive</p>	<p>Sensory-based observational assessment of autism. Assessment additionally explores social communication, attentional, executive functions, behavioural, emotional and adaptive functioning. Includes cognitive assessment and sensory measure.</p> <p>Diagnostic assessment for Autism Spectrum Disorder and provides functional level. Diagnostic assessment for Attention Deficit Hyperactivity Disorder (ADHD).</p>	<p>\$4800 (9h face-to-face, 15h report writing and scoring, test materials)</p>



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	<p>4x Sessions:</p> <ul style="list-style-type: none"> <li>• Parent/caregiver interview (In clinic or telehealth).</li> <li>• Cognitive assessment (child only - in clinic)</li> <li>• ADHD Interview (child and parent/caregiver - in clinic)</li> <li>• Autism assessment (child only - in clinic)</li> <li>• Feedback session (parent/caregiver - in clinic or telehealth)</li> </ul> <p>Includes: Comprehensive report, questionnaires and teacher interviews.</p>	
Custom Assessment	<p>Please enquire with Growing Years Psychology at <a href="mailto:hello.growingyears@outlook.com">hello.growingyears@outlook.com</a> if you would like a custom assessment that is not listed above.</p> <p>Custom assessments could include a combination of listed assessment options or evaluating an area not listed above.</p>	
<b>Additional Services</b>	<b>Details</b>	<b>Fees</b>
School observation		\$230 per hour
Meeting with stakeholder		\$230 per hour
Letter or Report Writing		\$170 per hour pro-rata
<b>Other</b>	<b>Details</b>	<b>Fees</b>
Travel Costs	<p>&lt;10 mins from clinic</p> <p>Between 10-20 mins from clinic</p> <p>Between 20-30 mins from clinic</p> <p>Between 30-60 mins from clinic</p> <p>&gt;60 mins from clinic</p>	<p>\$0</p> <p>\$40</p> <p>\$70</p> <p>\$100</p> <p>\$150</p>
Communication outside of appointment/session including phone calls and emails	<p>&lt;15 mins</p> <p>&gt;15 mins</p>	<p>\$0</p> <p>\$230 per hour pro-rata</p>



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